

2011 PANORAMA DAYS
Dr. David Wang Memorial Run 5k
7:30 P.M. – FRIDAY NIGHT, August 5th, 2011
Michael Mills Memorial Park, 350 E. South Street, Panora, Iowa 50216

******NEW, NIGHT-TIME RUN******

******DOOR PRIZES******

AFTER THE RACE, HEAD UP TO THE TOWN SQUARE FOR PANORAMA DAYS FESTIVITIES INCLUDING VENDOR BOOTHS AND LIVE MUSIC, OR UP TO LAKE PANORAMA AND SEE THE BOAT PARADE.

DR. DAVID WANG MEMORIAL RUN 5K (We're sorry but there will not be a 1/2 marathon this year)

Start time: 7:30 P.M. SHARP!

Course: Out-and-back course will start and finish on E. South Street, and will be run on Panora city streets and the Raccoon River Valley recreation trail. This course is very flat.

Divisions: Men's and Women's

Age Groups: 0-9, 10-13, 14-19, 20-29, 30-39, 40-49, 50-59, 60+

Awards: *All registered 5K participants will receive a cool freezer mug. Medals will be given to the top three place winners in each age group for each division. Overall Champion in each Division will receive a plaque.*

Door Prizes: ***MUST BE PRESENT TO WIN!***

5K Individual Entry Fee: \$15 on or before Thursday, August 4th, 2011
\$20 on race day, Friday, August 5th, 2011

SPECIAL Family Entry Fee: \$50 through Thursday, August 4th, 2011
\$60 on race day, Friday, August 5th, 2011

****The 5K Family Entry Fee is available for 4 or more members of the same family (parents/step-parents/legal guardians, grandparents, children/step-children/foster children). Fill out separate entry forms for each person and submit all forms together with a single payment.*

**Race Day Registration
and Packet Pick-up:**

5:00 PM to 7:15 PM, FRIDAY NIGHT, August 5th, 2011 – Michael Mills Memorial Park, Panora.
RACE DAY REGISTRATION WILL END PROMPTLY AT 7:15 PM! DON'T BE LATE!

Results: Final results will be posted after the event at www.fitnesssports.com



*****Please sign and return the registration/waiver shown below with your payment *** (SEE BELOW/NEXT PAGE)**

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**2011 Panorama Days
Dr. David Wang Memorial Run 5k Registration/Waiver**

Participant Name (print) _____ **Date** _____

Address _____ **City** _____

State _____ **Zip** _____ **e-mail** _____

Sex (please circle): MaleFemale **Age on Race Day:** _____

AMOUNT ENCLOSED (please circle):

5k individual - early registration: \$15

5k individual - race day registration: \$20

5K Family Rate – early registration \$50

5k Family Rate – race day registration \$60

In consideration of the opportunity and privilege of running/walking during the Panorama Days celebration sponsored by the Panora Chamber of Commerce, I/We agree to indemnify and hold the Chamber, its agents and representatives, organizers, sponsors, supervisors and participants associated with the event harmless from any claim or cause of action whatsoever arising out of or in any way connected with my/our participation in this event. I also agree not to assert any claim or bring any cause of action on my own behalf for any damage or injury I may suffer as a result of or in anyway connected with my participation in this event. The Panora Chamber of Commerce and event sponsors or volunteers will not be held responsible for loss of personal property.

Signature of Participant

Date

Signature of Parent/Guardian if Participant is under 18

Date

MAKE CHECKS PAYABLE TO: Panorama Days Committee

Mail payment and registration form(s) to:

**Dr. David Wang Memorial Run
ATTN: Sandy Leiferman
4628 Jeanie Lane
Panora, IA 50216.**

Questions? Call Sandy at (712) 830-9007

